

Reach Out Foundation

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Board Members

Kathy Sharp

Levittown - President

Julie Pulvers

Morrisville- Vice President

Dave DeLuca

Fairless Hills - Secretary

Denise Dougherty

Morrisville - Treasurer

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Alliance for the Mentally Ill, Yardley*

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Associates, Langhorne*

Ronald Langberg, Ph.D.,
Psychologist, Bristol

David Nover, MD, *Psychiatrist,
Warrington*

**John Page, MHS, CAC, BRI, NCI,
TAS**, *South Eastern Pennsylvania
Council on Alcoholism and Drug
Dependence, Doylestown*

Sam Samat, MBA, *Samat
Association,
Haddon Heights, NJ*

Nancy Scheible, MA, *Mental Health
Counselor. Yardley*

REACH OUT FOUNDATION

BUCKS COUNTY, PA

www.rofbucks.net



Reach Out Foundation is:

a non-profit (503c) foundation
that supports a consumer-run
drop-in center for
behavioral health services.

Our Mission:

To empower Consumers of Behavioral
Health Services, and to help them to
speak out for themselves and others.

Current Services:

- Peer to Peer Support
- Formal and Informal Education Programs about Behavioral Health Issues
- Bright Perspectives of Morrisville Support Group
- Dual Diagnosis Support Groups
- Creative People in Recovery
- Schizophrenics Anonymous
- Individual/Regional Advocacy
- Employment Support

About Reach Out Foundation of Bucks County:

Reach Out of Bucks County is a non-profit corporation consisting of ten board members who are themselves consumers of behavioral health services and who have been active in behavioral health advocacy for many years. In addition, Reach Out has selected an advisory board of community leaders to provide expertise and support. We actively seek additional funding from other sources, and accept donations as well. Reach Out offers support, education, and assistance to help others become more productive in the community.



Why Reach Out?

Our dedicated staff works to create a safe and accepting place for anyone in need of support, education, or just good conversation. We fully embrace the principles of self-help, and above all, provide the opportunity to empower one another.

Bright Perspectives:

Bright Perspectives is a support group for people with Depression and/or Bipolar Disorder. The group meets to provide friendship, support, and information in a positive, confidential environment.



Dual Diagnosis:

Double Trouble is a Twelve-Step self-help group for people with a dual diagnosis of mental illness and substance abuse and/or addiction. Our primary purpose is to maintain our mental and emotional well being. People are invited to join and begin or continue their mental, physical and spiritual recovery.

Schizophrenics Anonymous:

Schizophrenics Anonymous is a 6-step program to encourage socialization and help manage the symptoms of schizophrenia.

Creative People in Recovery:

Beginning Saturday, November 10th, 2007, this weekly group will support the creative process of consumers and interested members of the community.

Advocacy:

Reach Out provides individuals with confidential support and advocacy to identify and receive available resources.



Reach Out Foundation Membership: (per year)

- Consumer - \$10.00
- Family - \$25.00
- Professional - \$50.00
- Corporate - \$100.00